Steps to Put on a Mask and Eye Protection

Facial protection helps protect the health care worker from infections spread by the droplet route. To achieve maximum protection, they must be worn properly.

1 Place loops of the mask over each ear.

2 Bend the nose bar over the bridge of the nose so that the mask fits snuggly over the nose and mouth and prevent fluid penetration.

3 Put on eye protection and adjust to fit. If you are using a face shield instead of a mask and eye protection, be sure the face shield fit over your brow.